

Year 3 - Striking & Fielding 5 - Page 1

We are applying our striking & fielding skills in small modified games.



Warm-up - Bat + Bowl

- Working in groups of 4, each student takes on the role of batter, bowler, backstop or fielder.
- The aim of the game is to rehearse batting techniques and build confidence. Using a rounder bat or tennis racket, the bowler bowls the ball underarm to the batter who attempts to hit it.
- The fielder or backstop collects the ball and returns it to the bowler.
- Each child has 6 balls bowled at them in the batting position before the roles rotate, and children continue to practise in the other roles.

Activity 1 - Running vs catching

- Set up a small, rounders-style pitch with 4 bases. The 5 fielders should be spread around the pitch in roughly a circle. Working in groups of 10, children play in teams of 5 vs 5.
- One at a time, the batters will run around the bases whilst the fielders pass the ball to each other in an attempt to make 20 consecutive successful passes.
- To complete runs, the batters have time as long as the passes take to run around the bases in a relay-style as many times as possible.
- Once 20 consecutive passes have been reached and the runs completed, the teams swap to see which team can complete the passes in the quickest time and which can collect the most runs.
- If the ball is dropped, the passing team must start again from 1.

L1 – use a larger ball and keep the bases closer together to make it easier to pass the ball and give the children less distance to run.

L2 – as described above.

L3 – make passing more challenging by using smaller balls and space the bases further apart.

Year 3 - Striking & Fielding 5 - Page 2

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Activity 2 - Racing Rounders

- On a rounders-style pitch with bases and a batters square, children are split into two teams of 6.
- Fielders are placed around the pitch, with a fielder on each base.
- The first child to 'bat' will throw the ball to the fielder at first base and then sprint around the bases whilst the fielders throw the ball from base one to two, two to three and then three to four.
- The running children will score a point if they can successfully get around the pitch before the fielders can throw the ball around all of the bases to base 4.
- Once each child in the 'batting' team has had their turn with throwing, the teams switch roles and see which team has the highest score.

Equipment:

- A selection of smaller balls
- Cones
- Rounders bats or tennis bats

Set up:

- A large area for children to play within
- Rounders style pitch set out with 4 bases and a batters square.