

Game Lesson 4 : Grouch Potato Cress Head - Page 1

Make your own Grouch Potato Cress Head!



Objective:

Making a Grouch Potato Cress Head is a really fun activity that allows children to bring their fine motor skills to science. It's guaranteed to be an absorbing and playful activity!

Task:

Each child will need help with the first 5 action points.

1. Provide each student with a 20 cm section of stocking that includes the toe, or if the leg section is used tie a knot in one end to close it and then turn it inside out to hide the knot.
2. Help each child to stretch the stocking over a large cup or mug and spoon in about 2 teaspoons full of cress seeds.
3. Pack in some potting soil or cotton wool. Aim for the head to be roughly tennis ball sized.
4. Help each child to tie a knot to close the end. There is no need to cut off the dangly bit.
5. Help them to make a bulbous nose and ears by grabbing a bit of stocking for each and twisting. Fasten bases with thread or a small rubber band.
6. This is where children can get creative! They can use fabric scraps or a permanent marker to decorate Grouch Potato's head and coloured paper or colouring markers to make the yoghurt container into Grouch's body. Make sure that any glues or markers used are waterproof.
7. Once decorated tell each child to gently give Grouch's head a dunking in a bowl of water. Help them to half fill a small yoghurt pot with water and put the head on top with the excess of stocking dangling down into the water. Place on a windowsill or somewhere with plenty of sun light.
8. See each child's delight as they see the cress grow over the next few days to create a Grouch Potato Cress Head. When the cress has grown help each child to cut and make a delicious egg and cress sandwich on home-made mayo bread. Yum! They can be a healthy hero!

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Equipment:

Old Nylon Stockings.

Packet of Cress Seed.

Cottonwool, sawdust or potting mix
(Or just some soil from your garden, for stuffing).

Small Yoghurt Pot.

Decorations

(You could use goggly eyes and fabric scraps for the heads, coloured paper for the bodies, pipe-cleaners for spectacles).

Water-Proof Glue

(For sticking on the eyes, lips, etc.)

Outcomes:

Children will develop their creativity skills whilst learning about plants and growth.