

## Game Lesson 3 : I'm Amazing

To positively think about themselves and their actions.



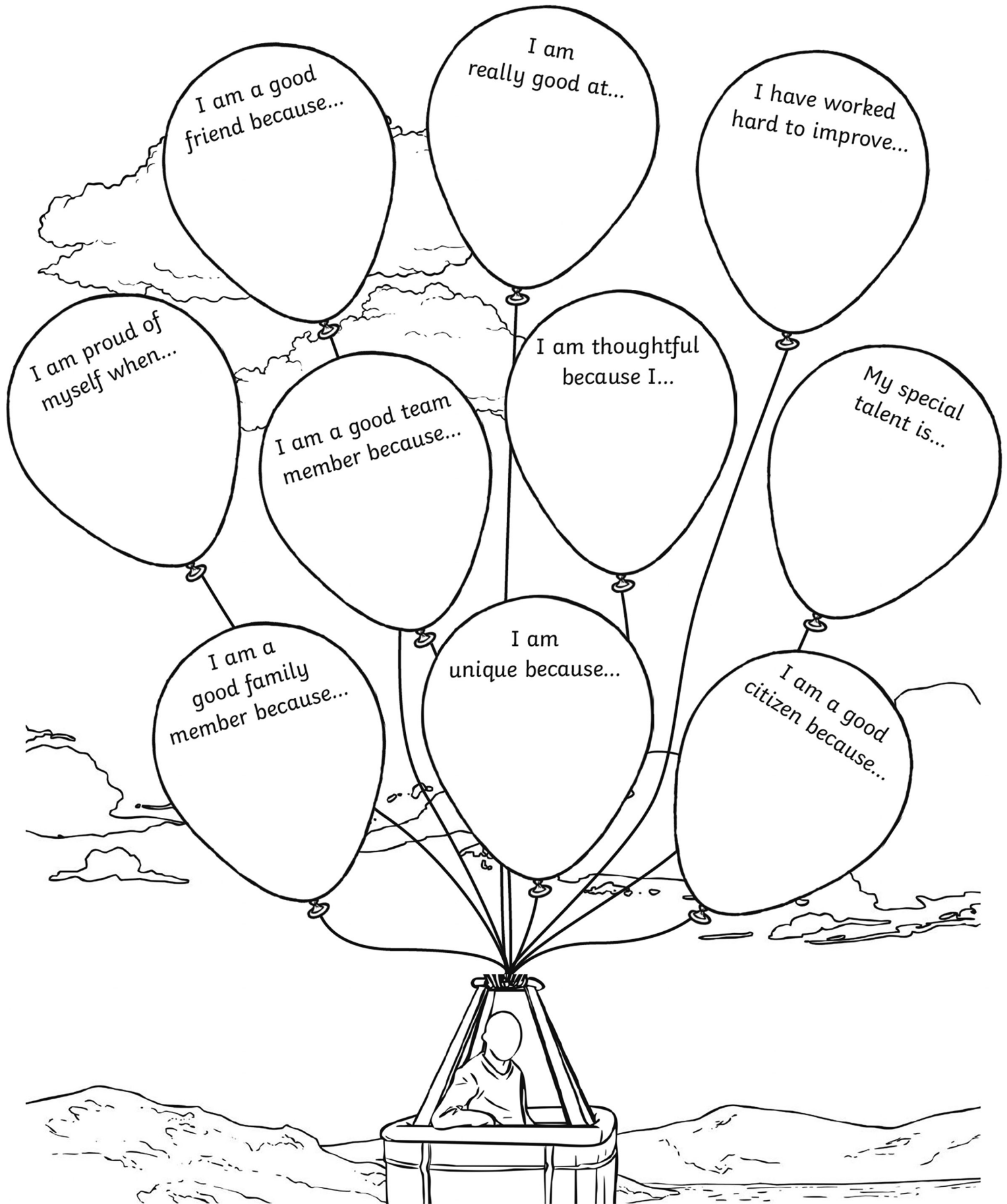
### Objective:

This resource aims to help children think positively about themselves and their interactions with others.

### Task:

There are a number of balloons with questions about the children's actions and interactions with other family members and friends.

Once all the questions within the balloons have been answered, spend time reflecting on this activity. Discuss with the group why they feel the way they do; giving possible examples and how they think it affects their day to day relationships with others.



I am a good friend because...

I am really good at...

I have worked hard to improve...

I am proud of myself when...

I am a good team member because...

I am thoughtful because I...

My special talent is...

I am a good family member because...

I am unique because...

I am a good citizen because...